

Dr. Weniger's TCA Peel Postoperative Instructions

The TCA (Trichloroacetic acid) peel is a medium chemical peel. Medium chemical peels are highly effective in promoting skin smoothness and vitality.

A solution of TCA is applied to your skin where it burns the upper layer of skin to a predetermined depth. After a few days, the burned skin becomes leathery and eventually sloughs off, revealing healthy, flushed, youthful skin underneath. A TCA peel can improve the overall color and freshness of your face while evening out your skin tone and texture. It can also help reduce the visibility of age spots and fine wrinkles and improve blotchiness and in some cases, dark circles under the eyes. Since TCA peels are medium peels (as opposed to deep peels), they are safe for people with olive and light brown skin. They have also been successful on darker skin tones, but the risk of discoloration is higher, the darker the skin tone.

Post Peel:

- Healing is usually painless with no discomfort
- The skin may feel tight for 1-2 days before it peels
- Peeling usually last 2-3 days, some flakiness may last longer
- Some swelling may occur, usually around the eye area
- Skin may become itchy

In rare occasions, a herpes breakout may occur. If you have a history of cold sores, an anti-viral may be prescribed 3 days prior to treatment. If you develop a breakout post treatment, contact us immediately, at **843-757-0123.

For Optimal Results and Healing:

- **DO NOT PICK, RUB, SCRATCH, OR FORCE ANY SKIN OFF**
- Avoid sun exposure for 2 weeks; after 2 weeks apply sunscreen daily
- Wash face with a gentle cleanser only
- Use a mild moisturizer and keep skin well hydrated
- Keep area moist at all times with Aquaphor

Your follow-up appointment is _____

Instructions understood & copy given: _____

For any problems or questions that you may have regarding your post-surgery recuperation, please call us.
843-757-0123