

Cleaning instruction to nostrils after Rhinoplasty

For the first few days there will most likely be an internal splint inside each nostril.

Use a drip guard (2x2 and paper tape) under your nose to catch any drainage from your nose.

Use saline Spray inside each nostril every hour blow out into the sink. (Do not touch the nose)

Use a peroxide soaked Q tip to gentle rub on the crusty areas inside each nostril a few times a day.

Use the mupirocin ointment prescription you picked up from your pharmacy inside each nostril a few times a day